



## **Ongoing Programs:**

- Sun, 3-5pm, Wed & Fri, 5-7pm: Pickleball, FREE\*
- Wed, 1:30: Mahjong, FREE\*
- Tues & Thurs, 3-4:30pm:
   After School program
- Tues, 5:30-7pm Pick Up Basketball, FREE\*

Polar Plunge and Chili Chowder Cook Off!
Saturday Feb 24th- 11am Plunge at CIBY,
12noon Cook Off in the CRC gym. Polar
Plunge waivers and pledge sheets are
located at the Rec. If you would like to
participate in the Chili Chowder Cook Off,
please email Jack at jackwaitekus@aol.com.
PRIZES FOR WINNERS!! Thank you!

## **Events At-A-Glance:**

- Thursday Feb 1, 10-10:30am: Silver Sneakers Introduction\*\*
- Friday Feb 2, 6:30pm: Groundhog Day Movie and popcorn!
- Thursday Feb 8, 10-10:30am: Fitness Room Orientation
- Friday Feb 9, 7-9pm: Game Night & Teen
   Night snacks will be served
- Sunday Feb 11, 6:30pm: Super Bowl Watch Party w/ Pizza & wings! \$10/ \$5
- Friday Feb 16, 1-3 Crafternoon
- Tuesday Feb 20, 1:00pm: Dessert and Discussion: Climate Action Team!
- Wednesday Feb 21, 5pm: Barbie Movie
- Saturday Feb 24th, 11am: Polar Plunge followed by Chili/Chowder Cook Off



## Other Special Programs this February:

CRAFTERNOONS: Friday, Feb 16th, 1-3 pm. Shell craft. Free\*

**Super Bowl Watch Party:** Sunday, **February 11th at 6:30pm**. Watch Super Bowl 53 in the CRC Community Room on the big TV! We'll be serving pizza and wings. Cost: \$10 (\$5 kids)

**DESSERT & DISCUSSION with Bill Danielson:** Tuesday February 20th at 1:00pm. Bill of Chebeague's Climate Action Team (CCAT), will review CCAT's work to date in measuring Chebeague's carbon footprint, the health of its groundwater, directing a study of our island's vulnerability to climate change, and installing a tide gauge at Chandler's Wharf.

\*Our free programs are free for members. Is it time to buy or update your membership? Visit our website or stop by the CRC. \*\*Silver Sneakers has the same benefits as being a member. If you have questions about Silver Sneakers, stop by the Rec.

SilverSneakers

chebeaguerec.com / 207-846-5068 / chebeaguerecreation@gmail.com